



BOBBI BARRINGTON

Wisdom Speaker | Coach | Trans Woman

HOT TOPICS

Comparative Gender Experiences + Implications for Domestic Violence

How Emotional Intelligence Drives Power + Self-Leadership

Reinvention: the Art of Transformation to Shape Destiny

How Embracing Discomfort is the Secret of Lasting Change

Celebrating the Sisterhood + the Unseen Freedoms of Being a Woman

After 26 years in the wrong marriage, 40 years in the wrong career, and 59 years in the wrong body... Bobbi Barrington decided it was time to rewrite her story. Now, as a trans woman, she shares a fresh perspective that transcends societal tensions and reconnects us all to the extraordinary potential within.

HIGH-VALUE QUESTIONS

- What are the real costs of not living your truth?
- What's your take on ending gender violence?
- How has living as both genders shaped your views on traditional gender experiences?
- What surprised you most about navigating the world as a woman?
- How did staying in the wrong career, marriage, and body affect your mental health?
- What made you decide to transition later in life?
- What advice do you have for people who feel it's 'too late' to change their lives?
- What was the most challenging part of transitioning?
- What do you wish men knew about women but don't?
- What messages do women get that men never hear?
- What does vulnerability mean to you now compared to when you lived as a man?
- What are the biggest misconceptions about transgender people?
- In what ways does conditioning trap people in lives they don't truly want? How can we change this?
- Why are so many people living with disillusionment, regret, fear and disappointment?



CONNECT WITH BOBBI

Enquire for interviews, opinions and keynotes

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